

Supporting Muslim Community Throughout Covid-19 Crisis

As Ramadan approaches, some of our members who are responding to the needs of their communities by delivering food parcels and warm meals, have reported that they are having difficulties supplying halal meat and products to the Muslim families and individuals they support. For this reason, the Network, have asked Muslim groups and organisations for advice and information on how to support Muslim families and individuals at this time.

There are organisations and community groups providing support that are able to offer halal meat and products as well as shopping, collecting medication and Islamic advice among other essential services. We have **compiled information in this document**, that we are sharing with our members. Included in it is information about support available and contact details of organisations and groups that can help individuals or organisations and groups. You can contact them directly to refer people to their services. Alternatively, families and individuals can contact them directly.

Glasgow Central Mosque has set an **Advice and Support Centre- Coronavirus (Covid-19)**

- Support for the elderly and vulnerable with shopping, collecting medication and any other healthcare services.
- Support elderly living alone with hot meals and food parcels.
- Support those that are self-isolating or directly affected by COVID-19 with shopping, medication and appointments including pick up and drop off services.
- Foodbank
- Provide advice through our Advice Line on the Do's and Don'ts with the latest government guidelines along with information on what facilities and services are open detailing the support available within the community.
- Provide advice on Healthcare collaborating with pharmacists, doctors and dentists.
- Islamic advice through our Imams and Alimahs.

Advice Line: 0141 429 3132 / Email: info@centralmosque.co.uk / Address: 1 Mosque Avenue, Glasgow, G5 9TA

<https://www.facebook.com/glasgowmosque/> <https://centralmosque.co.uk/news-updates/>

GLASGOW CENTRAL MOSQUE

Ramadhan Food Service

Iftari Hot Meal Service
Monday, Wednesday and Friday
Collection available from GCM COURTYARD 5PM TO 7PM
Delivery service available for elderly and vulnerable living alone

Iftari Hot Meals for NHS
Monday, Wednesday and Friday
Drop offs to QEUH and Glasgow Royal Infirmary

Weekly Food Pack
Collection available from: GCM COURTYARD MONDAY 5PM TO 7PM
Delivery service available for the elderly, vulnerable and those affected by loss of income

PLEASE ADHERE TO COVID-19 RESTRICTIONS AND ADOPT TO ALL SOCIAL DISTANCING MEASURES

If you feel there are any elderly or vulnerable groups we could support, please let us know
Call us 0141 429 3132 or email info@centralmosque.co.uk

All Donations Welcome
Sort Code 80-07-61 Account 00511932 Ref: FOOD

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#GlasgowMosque

Al-Furqan Mosque

UK Islamic Mission and Al-Furqan Mosque Glasgow are helping NHS Scotland to organise volunteer groups to help and support local communities in this difficult time of COVID-19 pandemic.

There are four types of Volunteers that are needed:

1. Community response volunteers: This role involves collecting shopping, medication or other essential supplies for someone who is self-isolating. The volunteer would also deliver these supplies to their home.
 2. Patient transport volunteer: This position supports the NHS by providing transport to patients who are medically fit for discharge, and ensuring they are settled safely back in to their home.
 3. NHS transport volunteer: This role involves transporting equipment, supplies and/or medication between NHS services and sites. It may also involve assisting pharmacies with medication delivery.
 4. Check-in and chat volunteer: These volunteers will provide short-term telephone support to individuals who are at risk of loneliness as a consequence of self-isolation.
- This service will match people who need help with volunteers who live near to them.

T: 0141 331 1119 E: info@alfurqanmosque.com L: 19 Carrington Street, G4 9AJ
<http://www.alfurqanmosque.com> <https://www.facebook.com/alfurqanmosque/>

Al- Khair Foundation Glasgow

Offering a lifeline to people in need and isolated by the impact of the Coronavirus (COVID-19) across the UK. The Foundation is operating a **helpline** for people struggling with restrictions and hardships caused by the virus. The service is already **providing shopping and medication collection and delivery, healthcare advice and friendly phone calls to alleviate loneliness** throughout the charity's network of branches across the country. Glasgow Branch is currently doing food parcels, mainly vegetarian food, delivering fresh vegetables and dry food for a week to families and individuals in need. To contact or refer families to them please send an email to the email provided below, explaining the need for support, individual address, contact number to arrange for a delivery.

Working with foodbanks and other partners. Currently looking for partners in Glasgow.

T: 0141 423 5747 E: glasgow@alkhair.org L: 441a Victoria Road, Glasgow, G42 8RW.

UK Helpline: 03000999736

Website: <https://alkhair.org/> **Facebook:** <https://www.facebook.com/alkhairuk.glasgow/>

MAB Scotland

Providing food parcel, cooked meals and groceries to Muslims in need. For more information please contact them directly.

Contact Person: Abdul Nasir

T: 07830247973 E: info@muslimhouse.org.uk L: 10 Grovepark Place Glasgow, G20 7NG

Facebook: <https://www.facebook.com/MABScot/> **Website:** <https://muslimhouse.org.uk/>

Zia-UI-Quran Mosque Glasgow

Initiated a small relief operation providing food parcels and goods to families and individuals in need. They are located in Pollockshields but have been delivering across Glasgow. Although they may have reach their capacity, they are still able to provide help with providing halal food to Muslims in need. Please contact Dr. Mohsan Rabbani for more information on the email or contact number below.

Contact Person: Dr Mohsan Rabbani

T: 07365522561 E: mohsanrabbani@gmail.com L: 257 Kenmure Street, G41 2QX, Glasgow

<https://www.facebook.com/glasgowmosque1/>

Advice and guidelines for Muslims during Ramadan

The British Muslim Council has recently published online Guidelines to help millions of muslims across the country cope with the restrictions of lockdown during the upcoming fasting month of Ramadan. You can access it here

https://mcb.org.uk/general/ramadan2020_guidance/?fbclid=IwAR0L500Mcthv3tUNLvcNDQLYxwOIfmRLqOM8PIO0yE86Gs_M1t25oZDNSh8

Other Resources

Interfaith Food Justice Network Glasgow

This brings together local groups and organisations from different faith groups who are working to tackle food poverty in their areas. They provide food banks, soup kitchens, community meals and more and together they campaign for a fairer, more inclusive food system. As well as sharing information, resources, and skills. Their newsletter has useful information with newest guidance from the Scottish Government for community organisations. They continue to meet on via Zoom to access this meetings get in touch with the team on development@interfaithglasgow.org or calling 01415580778. Follow them on Facebook for food updates and information here <https://www.facebook.com/interfaithfoodjustice/> you can also access their newsletter via Facebook as its published on their feed.

Central Gurdwara Glasgow

Located in the West End a team of volunteers are providing hot vegetarian meals to people. Currently working on partnership with H4th Help the Homeless Non-Profit Independent group to deliver hot meals to people experiencing homelessness. If you know of anyone vulnerable requiring hot meals, please contact them via social media. You can also follow them on Facebook. They are also delivering hot food to frontline staff such as NHS worker.

<https://www.facebook.com/central.g.glasgow/> T: 0141 221 6698

Mel-Milaap Glasgow Food Bank and Community Centre

Mel – Milaap Centre is a Sikh run community resource for people of all ages in Glasgow, particularly those living in the west side of the city. It also provides day care facilities for approximately 30 elderly people five days a week, offering hot food and other activities.

Their team of volunteers are delivering household essentials and hot meals to those in need (elderly/vulnerable) in Glasgow. Operating from their Foodbank and Community Centre located at 5 Caledonian Crescent, G12 8HQ, Glasgow. For updates follow them on Facebook <https://www.facebook.com/Mel-Milaap-Glasgow-Food-Bank-102481148090517/> or contact them directly on 0141 339 0678.

BEMIS- Empowering Scotland's Ethnic and Cultural Minority Communities

BEMIS is the national Ethnic Minorities led umbrella body supporting the development of the Ethnic Minorities Voluntary Sector in Scotland and the communities that this sector represents. They have launched the Ethnic Minority National Resilience Network enabling Scotland Ethnic and Cultural minority communities to support one another throughout the Covid-19 Crisis. The page has full range of resources including funding news, counselling services and advice for members. You can contact them for information and advice on communitysupport@bemis.org.uk or visiting <https://bemis.org.uk/emnrrn/>.

Refuweegee

The team continues to provide food packs to refugees in need. Their food packs contain the following items:

Rice • Pasta • Juice • UHT milk • 2x tinned tomatoes • 2x tinned soup • 2x tinned beans • 2x tinned tuna • Biscuits • Chocolate • Pasta sauce

Requests are preferably submitted through their dedicated text services as it helps to keep everything in one place, if however, this is not possible they can accept request via email if referring a family or individuals to their services. For more information visit <https://www.refuweegee.co.uk/> or follow them on Facebook for updates <https://www.facebook.com/Refuweegee/>