

VIRTUAL **Daytime Disco**

Raising community spirit during COVID-19

Meet new people, Stay active & Connected!

Aimed at 55+age group

Adults of All ages & abilities welcome



You need Internet and Broadband Connection and a Digital device like a Mobile Phone, Tablet or Computer.

Daily on What's app Video Call 3.30pm to 4.30pm

Daily on Skype call 5pm to 6pm

These free events include a chat, fun quiz and tunes picked by group. Dance seated or standing going at your own pace & within own abilities Contact us for more information and PASSWORD to SIGN UP

Weekdaywowfactor@gmail.com

and ADD your PHONE NUMBER to email.

We can call you to DISCUSS the next steps for Joining IN!