



North West Glasgow Voluntary Sector Network: Area Partnership Report June 2022

Anderston/City/Yorkhill
Canal
Drumchapel/Anniesland
Garscadden/Scotstounhill

Hillhead
Maryhill
Partick East/Kelvindale
Victoria Park

North West Update

North West Sector Emerging issues:

Glasgow Community Fund

There have been a series of 10 listening events where GCC have spoken to third sector organisations about the next version of the Glasgow Communities Fund. Members were keen to make sure GCC were aware of how significantly the issues of the previous GCF impacted on them. The lack of coherent process, poor, one-way communication and no offer of feedback were some of the main concerns. GCC have appeared to take these and other issues into consideration, however we do know the fund is limited and that not all applicants will be successful. At a time of rising demands for services due to austerity, it is possible that citizens in the North West of Glasgow will lose vital services.

Holiday Food Programme Summer 2022

North West

8 Organisations based in the North West have been awarded funding from the holiday food programme, with an additional 7 based in the North West who are covering both North East & North West, South or City wide. This is a combined total of £549,780 coming to the North West (as previously stated some funding will be for city wide and other sectors). This is a significant amount of money and does show the level of need in the area.

Rising costs

The rise in food & fuel costs is already impacting on Glasgow citizens. We are expecting another rise in fuel costs in October, this is a real concern for our members, who are already stretched providing services. Members are working hard to mitigate the issues, with members opening food pantries and still operating food banks. It is important to note too that third sector organisations are also facing rising costs, many of our members have old buildings that are expensive to heat and light. At a time of funding uncertainty, with many funding pots reducing, we could see organisations struggling to meet the rising costs.

For more information: martina.northwestglasgowvsn@outlook.com

Anderston/City/Yorkhill: Rep pending Kate Drummond

The Pyramid at Anderston

www.thepyramid.scot

- Phase 1 of The Pyramid's building renovation works are going well and are on track to have the refurbished Sports & Community Hall and Kitchen open in the summer. Recent sports/physical activity sessions have included ultimate frisbee, family fun tennis and pickle ball and Play Together on Pedals.
- External roofing works will begin soon, and general improvements to the spaces around the building continue - in partnership with **Anderston Green Spaces Community Group**. The Cycling Storage Facility is complete - with provision of secure bicycle storage for staff and visitors to The Pyramid now available. There is a bike maintenance station installed outside the front door of the building – accessible 24/7
- The **Pyramid's Community Wellbeing Programme** continues with regular Yoga sessions, Craft & Curry workshops (including Hapa Zome, Cyanotype Printing and Bug Hotel Making), Nature Walks and Photo Walks. The second You Monday wellbeing event was held on Mon 16 May - offering Head & Shoulder Massage, Sound Bathing meditation, Yoga, crafting, healthy food demos, a Green Pharmacy workshop, Reiki, and Indian Head massage.
- Regular Pyramid activities currently include: ESOL classes (Wed), Knit & Natter (Mon), Hatha Yoga (Wed), Chair Yoga (Thurs) and food support initiatives - Community Meal (Wed) and Food Share (Thurs).
- The Pyramid will soon be opening a Community Pantry.
- Looking to the future - The Pyramid will be hosting Pedal Glasgow G3 on Sat 3 Sept - a big community bike ride promoting existing cycling infrastructure around The Pyramid, to show how quick, easy, and safe it is to get around G3 on two wheels. The Pyramid will also be taking part in Glasgow Door's Open Days (Sat 17 & Sun 18 Sept) and Fun Palaces Weekend (Sat 1 & Sun 2 Oct).
- The Pyramid are starting to **plan their Winter Festival Programme** and are convening a Steering Group for this series of events. **They would like to invite local elected members and other LAP attendees to get in touch if they'd like to be part of this group**

The Marie Trust

<https://www.themarietrust.org/>

- Are operational in their new premises at 29 Albion St. They offer counselling, education, health & wellbeing, crisis intervention, a pharmacy and a training kitchen and healthy living café
- The healthy living café provides three healthy meals each day. To encourage our visitors to have a more balanced diet, we offer healthy breakfast alternatives for free and charge £1.20 for a more traditional full breakfast. At lunch times we provide three healthy homemade meals; fish, meat, and vegetarian options at a £1.20 cost with free fruit, salad, and a choice of breads and fruit juices. On average, 80+ people each day use the café as their main source of food provision.
- We are receiving daily requests for food assistance from people who are homeless or at risk and struggling. They have put a call out to businesses and local people to donate to their food store. Supplies can be dropped off Mon-Fri 10am-3pm

Townhead Village Hall

<http://www.townheadvillagehall.org.uk/> or <https://www.facebook.com/Townhead-Village-Hall-231831620290847>

- It has been a hard two years for everyone and the Townhead residents are no exception. As you are all aware we had been very active over 2020/2021 with the issue of a newsletter with useful telephone numbers as well as a number for anyone to reach us on at any time. **We ran free weekly food**

deliveries for 50 families as well as picking up prescriptions for those who could not get out. We provided, with the help of the NWGVSN, internet access for those who needed it and we ran some fun competitions on our face book page. We knocked on every door in Townhead to make sure that everyone was getting the support they needed.

- As soon as allowed (government guidelines) we had coffee afternoons for the local residents to come over for tea/coffee, a biscuit, and a catch up with friends some they had not seen since the first lockdown. **This group of local residents have made this a regular event and still meet up faithfully every week in our café.**
- **The TVH is now back up and running and most groups are back with us as are a few new ones.** Football, kids Taekwondo, puppy training class on a Tuesday night, Tai Chi gentle exercise, ballroom dancing and it is great to see the Friendship group up and running again which is great for social isolation. Toonspeak is back in the hall running both younger younger members groups as well as scribes were 16 – 25-year-olds with authors/poets/songwriters.
- TVH have many plans for this year, we plan to have themed afternoon teas, run a competition for naming our rooms after streets from the original Townhead no longer existing, and run a car boot sale to name a few

Central & West Integration Network

<https://www.cwin.org.uk/>

- The multi-cultural Community food Hub officially opened at the end of April. The new Food Hub enables our community members to access community food provision with more dignity and have choice over the food they take home. The Food Hub is similar to a pantry and is open Thursday & Friday 1-4pm
- Groups and projects are meeting in person including Women's Farming Group, Women's Food and Climate Cooking Group, CWIN walks and exercise classes, art and sewing groups and community meal every Friday 12-2pm upstairs in Garnethill Multicultural centre

Glasgow's Golden Generation

<https://glasgowgg.org.uk/>

- Glasgow's Golden Generation (GGG) is delighted to have worked back to full service after COVID and provide the support that our older community desperately need.
- The Fred Paton Centre, in Woodlands, is open for business as usual. We have made several upgrades within the centre, all thanks to the Area Partnership Grants via Glasgow City Council and other private Trust funders. We are nearing capacity at this centre, but we have room for a few more if any referral agencies, families, or individuals wish places.
- GGG has also broadened the service delivery and includes a new Careline Service; this is a hotline where staff will answer calls in relation to any issue, including local services, health questions, housing and so much more.
- The new Digital Service has 61 current users in the Northwest who benefit from training with pc's, smart phones, and tablets. We are delighted that home visits are now running, as well as digital cafes in centres, and our partnership with Queens Cross Housing Association.

- The Befriending Service has reopened fully with home visits, we are currently **opening a waiting list as demand is so high but wish to reassure any older person wishing the service that we CAN help.**
- The GGG Welfare and Benefits support services are running as normal, and we urge anyone looking for benefit assessments to get in touch and see if we can generate more income to the purse. Last year the team generated £1.2M for older people in Glasgow, an average of £4000 per household.
- GGG's affiliated Clubs in the city are now cautiously reopening, there are 8 in the Northwest and again we urge anyone wishing to join a Club to contact our team for a chat and introduction.
- GGG ran a fuel poverty campaign last winter; this included advice on fuel efficiency, welfare checks to maximise income, and support with fuel poverty in the home. We are pleased to report that £37,000 was raised and spent all over Glasgow. Plans are ongoing to repeat this winter, and GGG will be there to help again with the **rising cost of living and fuel costs.**

Healing from the Heart

<https://www.healingfortheheart.co.uk/>

- Healing from the Heart offer mental health and wellbeing support and counselling services throughout the North West.
- Having increased our 1:1 support in response to demand, as well as increasing the amount and variety of group work and connecting spaces and with demand for **1:1 support more than doubling during lockdown and into the exit period from the pandemic**, our two rooms in Whiteinch were no longer fit for purpose. After an extensive search for new space in the area, we have relocated our central office and consulting space to just inside the city centre – at Princes House in West Campbell Street. We have continued to rent additional space in the NW and, in addition, have partnered with other organisations in the NW to serve this area of the city.
- We currently support over 100 clients per week in our 1:1 counselling service as well as at least a further 50 per week in community spaces across the NW of the city.

For more information: lynn.northwestglasgowvsn@outlook.com / kate@thepyramid.scot

Canal Ward: Rep Jill McKay

Young People's Futures <http://www.youngpossilfutures.org.uk/>

- Youth sessions back up and running.
- Children's Food Programme with activities delivered.
- Trips for teens to places of interest.
- Water sports sessions – rowing and kayaking.
- Partnership work with local agencies and groups to improve service delivery in the community.
- Access gained to Possilpoint for service delivery.

Love Milton @welovemilton

- Supporting Locality Planning in the community.

- Delivered Children's Food Programme along with activities.
- Delivered 2 community events – Scaraway Flats Block Party and Colston Milton Parish Church Street Party with Make Milton Marvellous.
- Support issued to over 150 individuals on mental health, benefits advice and signposting/buddying etc.
- Tree planting within the community in partnership with the ARC Steering Group.

Lambhill Stables <https://www.lambhillstables.org/>

- Volunteering programmes up and running in the community garden and café.
- Weekly youth sessions delivered for all ages.
- Adult classes getting back up and running.
- Pensioners lunch club re-started.
- Working with partners to upgrade the canal area in and around the building

ARC Steering Group <https://twitter.com/ArcSteering>

- Children's Food Programme delivered along with activities.
- Youth sessions supported for all ages.
- Supported the delivery of local events – including wrestling evening and community lunches.

North United Communities <http://www.nuconline.co.uk/>

- Youth sessions for 2 to 20 years back up and running in all our operational areas.
- Family Support Service providing support services on child protection, parenting and equilibrium in the home etc.
- Children's Food Programme delivered along with activities.
- Ongoing work to support the new Nursery, Family and Youth Centre in Milton.
- Partnership work with local agencies and groups to improve service delivery in the community.

For more information: jill@nucommunities.org

Drumchapel/Annie'sland: Rep Dougie Taylor

3D Drumchapel <https://www.3ddrumchapel.org.uk>

- 3D recently launched its Drumchapel Family Album and has put together a slideshow of old photographs from Drumchapel along with the podcast. 3D hopes everyone enjoys and it brings back lots of happy memories! Click the link to view
- <https://www.youtube.com/watch?v=6HRy-y8kjrW&list=PLE5W5om0GYQpVjwikmCIsE-GdXLEFN1Og&index=4>

G15 Youth, *feeling trusted, responsible, and valued* <https://www.facebook.com/g15youth/>

- That was the feedback from the young people following G15's bushcraft day. The participants watched how to safely build a campfire which they loved. Feeling trusted, responsible, and valued were the words they used.

Drumchapel Breakfast and Blether

- The Thriving Places team are planning their first face to face meeting since the pandemic struck. They are planning to hold it on 7th July at Drumchapel L.I.F.E.'s Phoenix Hall.
- And Thriving Places Drumchapel is now on twitter – give them a follow <https://twitter.com/TPDrumchapel>

Men Matter Scotland <https://www.menmatterscotland.org/>

- The Men Matter Scotland podcast is a highly professional and weighty production, talking recently to family members of a young man who took his own life.
- The podcast can be found on Spotify here https://open.spotify.com/show/1KeQ7Lcp-DRcae9FVotHgdJ?si=N_6hif5dTEmcpbnrpXf0sQ&nd=1

Drumchapel L.I.F.E. <https://twitter.com/DDrumchapellife>

- Drumchapel L.I.F.E. is launching a time limited mental health intervention based around the arts; visual, music and creative writing. Drumchapel L.I.F.E. is delighted that this exciting wee initiative has been funded by the GCVS wellbeing fund

For more information: dougie@drumchapellife.co.uk

Garscadden/Scotstounhill: Reps Lainey Bedingfield & Tam Munro

Emerging issues and concerns:

- cost of energy and food. Increase in residents noting being worried about the immediate future.
 - <https://twitter.com/LINKESGLA/status/1529407056557506560>
- Some agencies still seeing reduced numbers in people attending activities.

DRC Generations

<http://www.drcgenerations.org.uk>

<https://www.facebook.com/drcgenerations>

- Re-started group sessions in the refurbished office space
- Still offering a range of online support services
- Street Team

DRC Youth Project

<https://drcyouthproject.blogspot.com>

<https://www.facebook.com/drcyouthproject>

<https://twitter.com/DRCYouthProject>

- Continued delivery of the Pathfinder project in partnership with Working Rite
- North West Community Pantry distributing food locally <https://twitter.com/NorthWestPantry>
- Youth club services have re-started at Yoker Community Campus and Heart of Scotstoun, and outreach work programme being delivered at Glasgow BMX Centre
- Continuing delivery of street work
- Supporting NWGVSN to distribute recycled pc's

Glasgow Eco Trust and De'ails On Wheels

<https://www.glasgowecotrust.org.uk/> and <https://www.facebook.com/GlasgowEcoTrust/>

- Bike repairs and sales continuing
- Adult led cycle rides and adult health walks taking place twice a week
- Learn to cycle classes and Play On Pedals re-started at Scotstoun Leisure Centre
- Hosting a community activator as part of the Glasgow Community Food Network Food and Climate Action Project.
- DRC local network meetings being held monthly with KCC hosting the first face to face meeting in May
- Partnered with Stop Climate Chaos Scotland to produce the Glasgow Green Map for COP26
<https://www.glasgowecotrust.org.uk/glasgow-green-map>
- Officially handed over ownership of the Centre to Heart of Scotstoun Ltd

Heart of Scotstoun Community Centre

<https://heartofscotstoun.org.uk/>

<https://www.facebook.com/heartofscotstoun>

<https://twitter.com/hoscotstoun>

- Cafe is open 6 days a week
- Community garden is now complete and in full bloom and more growing spaces being created
- Food pantry now only open one day a week
- User and activity groups started including karate and DRC Youth Project
- Ownership of Centre completed
- <https://twitter.com/HOScotstoun/status/1527069675917660163>

Ignite Theatre

<https://www.ignitetheatreglasgow.org>

<https://www.facebook.com/IgniteTheatreGlasgow>

https://twitter.com/Glasgow_Ignite

- Awaiting funding
- Drama and Film workshops, working with young people with disabilities in Yoker

Kingsway Community Connections

<https://www.kingswaycc.org.uk>

<https://www.facebook.com/KingswayCommunityConnections>

https://twitter.com/Kingsway_CC

- Weekly coffee morning (Tuesday) and lunch club Bite and a Blether (Thursday) https://twitter.com/Kingsway_CC/status/1427715490215043082
- Recruiting a Welfare Advice & Support Worker <https://twitter.com/goodmovesjobs/status/1529785720113704962>
- Youth summer activity programme planned through the summer and October holidays
- Walking programme
- Women's group on Friday evenings 5pm – 7pm
- Kurdish Women's group Saturday
- Community Garden
- The Centre is happy to be the new home of Active Seniors

Knightswood Community Centre

<https://www.knightswoodcentre.co.uk>

<https://www.facebook.com/Knightswood-Community-Centre-132216143492634>

- Knightswood Community Scottish Charitable Incorporated Organisation is seeking Expressions of Interest (EOI) from appropriate businesses/ organisations with a view to them securing the concession.

LINKES

<https://www.linkes.org.uk>

<https://www.facebook.com/linkesglasgow>

<https://twitter.com/linkesgla>

- Community rooms have re-opened
- Offices open – trialling set times for drop-in enquiry/support service
- Delivering various activities and services – ESOL, youth groups, lunch club, men’s group, and I.T classes

We Are With You

<https://www.wearewithyou.org.uk/>

<https://twitter.com/welinksglasgow>

- Employ 2 Community Links workers linked to local medical practices with one at Kingsway Medical Practice; and one at Whiteinch MP/Scotstoun MP

Yoker Community Campus

<https://www.yokercampus.org> and <https://twitter.com/campusyoker>

Yoker Resource Centre

- Yoker Community Care for the Elderly and Disabled project has re-started at the Resource Centre
<https://www.facebook.com/groups/573084550761845>

For more information: lainy@kingswaycc.org.uk

Hillhead: Rep Anna Dyer

It is heartening that as confidence is restored not only the number of live meetings and events are growing and we are seeing again substantial audiences returning in the arts sector. However, as the arts, entertainment and hospitality venues in the West End in our Partnership come back to life the picture is very different in the Woodside/South Maryhill area. The major issue in this area is very much a legacy of history as all the amenities including the cinemas and the grand shops around George’s Cross were demolished in the 1970s. As this whole area remains today with few amenities, community facilities then assume a huge importance for both the services of the Voluntary Sector and the wellbeing of the Community in general.

Community Central Hall (CCH) <https://centralhall.org/> is the only facility which remained open constantly throughout the pandemic as leader of a Partnership delivering both food services and support to those shielding and operating its own child care facilities. The only other facility, Woodside has

remained closed since the start of the pandemic. In the pre-Covid period CCH had been invited by Glasgow Life to work with them in enabling the full capacity of Woodside Halls to be utilised.

CCH itself has restored all its own services, most of our anchor tenants such as **Licketyspit, the early years theatre company**, have phased out remote working and are returning to live meetings.

During Covid however we did manage to give some space to five anchor tenants from Woodside Halls to enable them to maintain some operations and of course they are still with us. These include a Modern Dance School, Dance4Passion (Ballroom & Latin training) , Gaming Club and Martial Arts. In addition, we have accommodated **ASRA (the Asian Welfare Association Elderly Day Centre)** who had to leave Napiershall Street as the building is being sold. They are able only to operate for half of the week.

Almost every weekend we have had Dance Competitions, Music events and a Festival and the Irish Dancing Fesh have had three weekend competitions since January. In addition, wrestling events have returned. All our own tenants need to return full-time. CCH is fully booked until 2023 and we have not only had to refuse large number so requests but we have long waiting lists for cancellations arising.

Getting Woodside Halls opened is a priority. The organizer of the famous Tea Dances calls us every week to ask if we have an opening date. **CCH was granted a Licence to Occupy by GCC Contracts and Property Committee on 17th March subject to a few items of information being given to People Make Glasgow communities.** They have continued to ask for documents many of which have long ago been submitted to the Council . So far, we have submitted 54 Policies and Procedures to PGMC. We have a permanent staff of over 60 employees including a strong core of senior management including two senior highly experienced facilities managers . We need to restore a whole range of services in both Woodside including specialised fitness classes, tai chi , yoga, Glasgow Life services and joint NHS exercise classes etc. We are now receiving requests not only from other organizations in adjacent wards but also throughout the city. **The needs of this area are so great that restoration of activities and services for this Community cannot be underestimated, and opening Woodside must be a priority. The building is in good condition but if it is left empty any longer it will deteriorate. It can be ready to open within four weeks of receiving the keys!**

For more information: a.dyer@scottishoverseasdevelopment.org.uk

Maryhill : Reps Sharon Bowers/Melanie Farrow

Acre Community Hall

<https://en-gb.facebook.com/AcreCommunityHall/>

- Has reopened with focus remaining on Community learning, employability and training which is going extremely well they are open Tuesday and Thursday afternoon and have handheld devices with pre-loaded Driving theory test and CSCS test that young people can borrow to practice at home.
- They also have coffee n chat, dancing, football, dancing which are all very well attended.
- The homework club has restarted thanks to our volunteer teacher Tracy and her young helper Toni a student from John Paul academy. The children have planted an herb garden and enjoy team building activities.

- They are more involved in the environment thank you to the wellbeing fund from GVCS they are awaiting on raised beds made by Boomerang woodworking and are planning to grow a mix of herbs vegetables and flowers thus helping people's health and wellbeing and volunteers in the community taking ownership of the raised beds.
- They are still giving out food parcels on a Friday afternoon they collect food on a Wednesday and Thursday evenings from both coops in Bearsden this food is given out on a Friday or if anyone messages or calls for a food parcel. They have seen a rise in numbers over the past couple of months due to the rising cost of fuel and food.

For more information contact sharon-at-acre@oulook.com Facebook @Acrecommunityhall Twitter @hal-lacre

G20 Youth festival

<https://www.facebook.com/G20YouthFestival/>

- has reopened and are providing a range of services to young people including Boxing and youth clubs.
- They are supporting youth employability and offer various training opportunities.
- They provide a street food service outside Wynford nursery on a Wednesday afternoon thanks to food share partners coop. the young people also cook healthy meals which are also given out on a Wednesday afternoon.
- To help support youth employability they provide pre booked lunch on a Friday for a small donation.
- They have welcomed new manager Annmarie to the project.

For more information contact g20youthfestival@gmail.com Facebook @g20youthfestival Twitter @Festival20

North United Communities (The Hub)

- NUC offer afterschool with a wide range of activities including sports, games, arts/creative activities, and hot food. Issues that we deal with include racism, bullying, challenging behaviours amongst many others.
- 2 Drama Sessions for primary and secondary aged young people. This builds confidence, develops skills and tackles issues and raises issues through pieces of theatre and community productions.
- 2 x Friday Night youth sessions involving up to 50 to 60 young people. Games, arts/creative activities, and hot meals. Diverts young people from risk-taking behaviours, anti-social behaviours.
- School holiday programmes during the Spring, Summer, October, and February breaks - kayaking, indoor climbing, arts, fencing, African drumming, den building, day trips on a coach to Summerlee Heritage Park, Heads of Ayr Farm Park etc, low level hill walking trips etc.
- accredited learning programmes for young people - High 5 Awards, Arts Awards, NEBUS Climbing Level 1, Water Sports Skills Level 1.
- Family Support Services offering support with parenting skills, advocacy and mediation with various services, child protection support.

For more Information Contact jill@nucommunities.org Facebook @Northunitedcommunities Twitter @NUC_Glasgow

The Woman's Centre

<https://www.womenscentreglasgow.org.uk/>

- The woman's centre offers a wide range of services including a walking group on a Tuesday promoting health and wellbeing.
- They have short courses in Reiki and mosaic making which have been very popular.
- They also run community learning classes computer skills and access to criminology in partnership with Glasgow Clyde college.
- They are still offering support services to woman both in person and over the phone.

For more information Contact donna@womanscentreglasgow.org.uk Facebook @Thewomanscentre
Twitter @womanscentre94

Maryhill Burgh Halls Trust

<https://www.maryhillburghhalls.org.uk/>

- Have 2 exhibitions at present : Ghost Signs of Glasgow and Jo Sunshine Art
- Next exhibition will be celebrating Scottish Pottery Society celebrating 50 years , also working with Glasgow Kelvin College – which will also feed in to the tile making for Stockingfield Bridge and will also have a number of workshops for the community around this
- Employability continues for the volunteers, work placements and internships
- Celebrated 10 years of officially being reopened with a hugely popular Gala Day attended by 350 people and several community organisations had stalls
- Working with NWGVSN and Louise Nolan Artist in Residence to help re-establish **Maryhill Together Network**.
- Discussions for official Maryhill flag handover event have commenced
For more Information Contact info@mbht.org.uk Facebook @maryhillburghhalls Twitter @maryhill_halls
- **For more information: sharon-at-acre@outlook.com / mfarrow@mbht.org.uk**

Partick East/Kelvindale: Reps Jane Cowie /Julie Fox

Annexe Communities

<https://www.facebook.com/annexepartick/>

- Annexe Communities is in the middle of another Participatory Budgeting round of funding for local ideas through the Partick and Thornwood Ideas fund. Individuals can put their ideas forward to be voted on for up to £500 and local groups up to £1000.
- Updated Annexe weekly programmes can be downloaded from Annexe Communities website.
- Dates for your Diary:- Younity Project are hosting to local summer events, one in Mansfield Park on Saturday 30th July 2022 and the other in Thornwood Park Thursday 11th August 2022 Annexe Communities worked alongside Glasgow Caledonian University and Photovoice to pull together an exhibition of photographs, based around the theme of Common Health Assets, that can be seen in the Annexe Cafe.

Partick Housing Association

<https://www.partickha.org.uk/>

- PHA, in Partnership with Halo Arts are hosting a day of music and activities in Mansfield Park Saturday 11th June 2022. Local community groups were consulted and invited to join in. Younity Project worked in partnership with Partick Community Growing Project, Hyndland Secondary food

bank, Downvale Church food pantry and Partick Housing Association secured £3500 Household Hardship Fund distributed by Corra Foundation = £50 cash envelopes went out to 70 local individuals and families struggling with food bills and or worrying about electricity bill increases.

Younity Project

- In Partnership with SWG3 took part in consultation workshops towards the new gable end murals especially the Purdon Street one. And Annexe members were invited to SWG3 studios to work on a billboard that will be displayed at the side of the expressway for the months of June and July 2022.

Partick Community Growing Project

<https://www.facebook.com/PartickCommunityGrowingProject/community>

- Partick Community Growing Project secured £10,000 funding from The Glasgow Mental Health and Wellbeing Fund to enable local people to come together to take part in activities including archery, woodwork, sewing bees, outdoor cooking, community meals, seasonal arts and crafts, jewellery making and outdoor gym movement.

For more information: jane.cowie@annexecommunities.org.uk / Julie.fox@annexecommunities.org.uk

Victoria Park: Rep pending Roisin Kelly

Healing from the Heart

<https://www.healingfortheheart.co.uk/>

- Healing from the Heart continue to provide support with mental health and wellbeing, having increased our 1:1 support in response to demand, as well as increasing the amount and variety of group work and connecting spaces.
- With demand for 1:1 support **more than doubling during lockdown and into the exit period from the pandemic**, our two rooms in Whiteinch were no longer fit for purpose. After an extensive search for new space in the area, the deficit in suitable, affordable space in the NW has meant that we have had to relocate our central office and consulting space to just inside the city centre Princes House, West Campbell Street – at the end of the expressway!
- We have continued to rent additional space in the NW and, in addition, have partnered with other organisations in the NW to serve this area of the city. **We currently support over 100 clients per week in our 1:1 counselling service as well as at least a further 50 per week in community spaces across the NW of the city.**

The Whiteinch Centre <https://www.whiteinchcentre.org.uk>

- We currently have a **men's group** on a Tuesday 12-2pm that encourage local men to speak about their issues and where needed we signpost to other organisations to make sure their needs are being met, I would like to see this grow and link in with other groups in the area.
- We have also been approached to start a **community garden project** in the area and many groups are keen to be involved in this, particularly the men's group and Whiteinch Church. The idea is to look at mental health, skill sharing and bringing dignity back to people. We are keen to do something like the edible borders project that will help feed people and reclaim unkept land. (Community asset transfers)



- We have a **Senior's Lunch Club** on a Wednesday 12-2pm for people to come together and have a blether and some food, this has been very successful as many older people have missed connecting with each other and with rising costs it suits them we are cheap and cheerful.
- We are also looking at doing a "**pay what you can**" **breakfast and lunch** and will be looking to start this soon in time to help tackle holiday hunger.
- We also have a monthly **chatty café /conversation club** where people can come together and chat about the community and what they would like to see and to help raise their voices.

For more information: martina.northwestglasgowvsn@outlook.com

~~ENDS~~